

Lonsdale Spring Celebration I "Know Your Neighbours, Know Your Neighbourhood" Saturday May 12th, 2012

Dear friend,

We would like to invite your organization to participate in the 2nd Annual Lonsdale Spring Celebration, taking place on Saturday May 12th, 2012.

The Lonsdale Spring Celebration is an opportunity for our community to explore and celebrate our diversity and to strengthen the health of individuals, organizations, and businesses. Our broad and diverse view of health means that the event includes activities and information on enhancing our physical, mental, emotional, and spiritual health. The theme of this year's event is "Know Your Neighbours, Know Your Neighbourhood." Our planning committee includes representatives from the Avita Health and Massage Therapy Centre, Courthouse Area Residents Association, Harry Jerome Community Recreation Centre, North Shore Alliance Church, North Shore Lawn Bowling Club, North Shore Multicultural Society, Silver Harbour Seniors' Activity Centre, and the Summerhill Retirement Residence.

The Celebration will take place at East 22nd Street and Eastern Avenue (one block east of Lonsdale), as well as at the Harry Jerome Community Recreation Centre, Silver Harbour Seniors' Activity Centre, and the North Shore Lawn Bowling Club. The event is scheduled for Saturday May 12th between 11 am and 2 pm. There will be a wide variety of activities to enjoy including musical entertainment, fitness and dance demonstrations, children's sports activities, a lawn bowling challenge and learn to bowl, a craft fair, delicious food, and much more.

We hope that your organization will participate by providing an interactive booth at the Lonsdale Spring Celebration. There is no charge for community or non-profit organizations to participate in the event. We will provide a table and 2 chairs and we would like you to provide a fun activity and information about your organization. For example, the North Vancouver City Library will be providing children's storytime, the North Shore Alliance Church will be doing facepainting, and Avita Health and Massage Therapy Centre will be offering massages.

If you are interested in participating, please contact Annwen Loverin, Executive Director of Silver Harbour Seniors' Activity Centre at <u>annwen@silverharbourcentre.com</u> or 604-980-2474. We have a limited number of tables available and will be reserving them in the order we receive responses, so please respond as soon as possible and certainly by May 1st.

All the best,

Annwen Loverin, Executive Director Silver Harbour Seniors' Activity Centre